

Finding Your True North: Planning for your future career



Physician Workforce Strategy



October 21 & 22, 2022

PRACTICE MANAGEMENT & COMMUNITY EXPLORATION CONFERENCE 2nd ANNUAL AGENDA

October 21, 2022
Day 1– Planning for the Future

STREAMS	
Undergraduate	UME
Postgraduate	PGME
Spouse/Partner/ Family Member	SPFM

TIME	EVENT		
5:00 p.m. – 5:15 p.m.	Welcome and theme setting Dr. Sarah Newbery		
5:15 p.m. – 6:00 p.m.	The Health Care System and Your Future in It Speaker: Rose Zacharias, MD, CCFP – President, Ontario Medical Association Introduction: Dr. Sarah Newbery, Associate Dean, Physician Workforce Strategy, NOSM University Closing: Dr. Sarita Verma, Dean, President and CEO, NOSM University		
6:00 p.m.- 7:00 p.m. (15 min didactic; 45 min panel)	Concurrent sessions UME – Planning your career Topic: Electives and preparation for CaRMS Speaker: Dr. John Coccimiglio Family Medicine resident: Dr. Cole Anderson Facilitator: Scott Fisher, Senior Learner Affairs Officer	PGME – Planning to locum well Topics: Intro to checklists, onboarding, Scout Health, JobConnect.Health, practical tools Speakers/Facilitators: Julie Kivinen Regional Advisor, Ontario Health - Health Workforce Sarah Zawierzeniec- Advisor, Ontario Health - Health Workforce Dr. Sabrina Slade (Scout Health app) Panel discussion for questions/practical guidance Physician locums: Family Physicians: Dr. Tim Greive Price Dr. Meghan Labine Specialist: Dr. Mike Fralick	SPFM –You, Me & Medicine: Moving Forward Together This session will explore and highlight some of the challenges and opportunities experienced by medical learners and their partners, as well as provide insight and strategies for career planning and successfully moving forward together. Speaker: Hayley Harlock, Founder of the Flipside Life Facilitator: Laura Csontos, Senior Learner Affairs Officer

7:00p.m. – 7:30 p.m.	Health Break & Stretch <i>Invitation to join Community Representatives in breakout rooms</i>		
7:30 p.m. - 8:15 p.m.	Concurrent Sessions		
	<u>Option 1</u> Faculty Fireside Chat Topic: What I'd tell my younger self Speakers: Dr. Caitlin Champion General Surgeon (Parry Sound) Dr. Ryan Patchett Marble, Rural Generalist (Marathon) Facilitator: Dr. Sarah Newbery	<u>Option 2</u> Legal Issues Physicians May Face in Their First Year of Practice Topics: business structures, incorporation and shareholder agreements, HR considerations (contracts, workplace obligations, remote work), family law considerations (spouses as employees, marriage-related implications, prenuptial agreements) Speakers: Ms. Natalie Schryer Mr. Zachary Courtemanche Mr. Dhiren Chohan Weaver Simmons Facilitator: Pam Haight, Project Manager Physician Workforce Strategy	<u>SPFM</u> Clinician Partners and Spouses Fireside Chat Topic: What I'd tell my younger self Panelists: Hayley Harlock & Anthony Johnson Facilitator: Laura Csontos, Senior Learner Affairs Officer
8:15 p.m. – 8:30 p.m.	Wrap Up & Evaluations Dr. Sarah Newbery		

October 22, 2022

Day 2 – Staying Well for Your Future

TIME	EVENT			
9:00 a.m. – 9:10 a.m.	Welcome and Housekeeping Dr. Sarah Newbery			
9:10 a.m. – 10:00 a.m.	Financial Wellbeing Throughout Your Career- Why It Matters Now and Why It Will Matter Later Topics: Importance of Financial Discipline, Inflation and How it Impacts Your Loans & Insurance Speaker: Andrea Bobadilla- Early Career Education Specialist, MD Financial Management Introduction/Facilitation: Ashley Perreault & Kate Culliton			
10:00 a.m. – 10:45 a.m.	<u>Workshop</u> Imagine your future – What matters to you; what do you want communities to know and what do you want from communities Open to recruiters and learners. Facilitator: Dr. Sarah Newbery	<u>Evolving Supports for Residents Entering Practice</u> Topics: <ul style="list-style-type: none"> • Peer-to-Peer ED supports • Northern Ontario Primary Care Network • Peer Connect 	<u>Learning and Living in the Rural North as a LGBTQ2SI Person</u> Speakers: Dr. Rod Wilson Dr. Justin Bell Facilitator: Kirstie Taylor, Learner Support Coordinator	<u>SPFM</u> Families and Spouses: Supports and Opportunities in Northern Ontario Facilitator: Kate Borthwick Ontario Health – Health Workforce Advisor Community Representative Panelists: Brett Redden (Marathon)

		Speakers: Dr Lisa Habermehl, Dr. Bryan MacLeod & Dr. Chase McMurren Facilitator: Dr. Bryan MacLeod		Crystal Burns (Englehart/Kirkland Lake) Nicole Hachez (Kapuskasing)
10:45 a.m. – 11:15 a.m.	Health Break & Stretch <i>Invitation to join Community Representatives in breakout rooms</i>			
11:15 a.m. – 12:00 p.m.	Concurrent Sessions			
	UME Debt Management & Financial Planning Strategies as a Medical Student Topics: Budgeting, Debt Management & Investing Tips Speakers: Andrea Bobadilla- Early Career Education Specialist Rose Tornabene- Manager, Partnerships & Programs, Early Career MD Financial Management Facilitator: Nusha Ramsoondar, NOSM U MD Student	PGME Key Considerations for Medical Residents and Future Practice Owners Topics: Incorporation, Investing & Saving, and Setting Up Your Practice Speakers: Marc Kraichati- Early Career Education Specialist Sherveen Soha Kamran, RFRA- Senior Manager, Healthcare & Professional Specialist MD Financial Management Facilitator: Dr. Sarah Newbery	All learners/partners – Financial Planning for Your Family's Future Topics: Parental leave and planning your family Speaker: Dr. Samira Jeimy Facilitator: Ashley Perreault, MS3 NOSM U	
12:00 p.m. – 12:30 p.m.	Health Break Q&A with MD Financial Management and Scotiabank Open to all Scott Thomson, RFRA, - MDFM Financial Consultant & Early Career Specialist Sherveen Soha Kamran, RFRA- Senior Manager, Healthcare & Professional Specialist Facilitator: Dr. Sarah Newbery			
12:30 p.m. – 1:45 p.m.	Locuming and Setting Up Practice in Northern Ontario Open to all Speakers from the OMA will share the practical realities and joys of locuming in Northern Ontario and information on setting up practice. Speakers: Dr. Anish Mody, MD Dr. Jemy Joseph, MD, CCFP Facilitator: Dr. Sarah Newbery		Community Connection and Exploration Open to all Join us for a virtual mix and mingle with community representatives from across Northern Ontario!	
1:45 p.m. – 2:00 p.m.	Wrap Up			