

Inaugural

David Healey MSK Day

A CONFERENCE FOR PRIMARY CARE PHYSICIANS

October 15, 2021 + November 12, 2021

Join us for an update and review on common orthopaedic/musculoskeletal injuries.



Join us for the Inaugural David Healey MSK Day hosted on WebEx, spanning two days, the first is on Friday, October 15 2021 and the second is on Friday, November 12, 2021. The Northern Ontario School of Medicine (NOSM) and the Northern Orthopedics LEG welcome you to the inaugural year of this exciting conference. This virtual conference endeavors to bring participants together to review common concerns and learning points relevant to our patient populations in an interdisciplinary setting. The goal of the conference is to provide an update and review to primary care physicians on common orthopaedic/musculoskeletal injuries. This year we will be focusing on MSK issues from cradle to grave and the objectives of the sessions would focus on how to evaluate/investigate and treat common MSK conditions in pediatric and adult patients.

Please visit the [conference website](https://event.fourwaves.com/msk/pages) to learn more and to register

<https://event.fourwaves.com/msk/pages>

CONFERENCE OBJECTIVES

This conference aims to:

1. Identify common orthopaedic/musculoskeletal injuries in pediatric and adult patients.
2. Effectively treat and diagnose common MSK conditions in pediatric and adult patients in a clinical setting.
3. Apply enhanced knowledge of common orthopaedic/musculoskeletal injuries to improve patient care and outcomes.

Registration Fees

	One Day	Both Days
Physician	\$ 40	\$ 70
NPs & PA	\$ 30	\$ 50
Nurses, Allied Health	\$ 25	\$ 40
Residents/Interns	\$ 20	\$30
Medical Learners	\$ 10	\$15

[Register Now!](#)

WHO SHOULD ATTEND

This conference is targeted to family physicians, specialists, nurse practitioners, registered nurses, allied health professionals, medical learners, and all health care disciplines with an interest in orthopedic medicine.

Accreditation

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 6 Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine. You may claim a maximum of 6 hours (credits are automatically calculated).

Claiming your credits: Please submit your credits for this activity online at www.cfpc.ca/login. Please retain proof of your participation for six (6) years in case you are selected to participate in credit validation or auditing.

Planning Committee:

Ryan Hodgins, Jennifer Zymantas, Kevan Saidi

Day One – Friday, October 15, 2021

1:00 – 1:20	<p>Welcome and Opening Remarks</p> <p>In memorandum Dr. Dave Healey presented by Dr. Kevan Saidi</p>	
1:20 – 1:50	<p>Orthopaedics During Covid</p> <p>Learning Objectives:</p> <p>Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe the current status of NEJAC and discuss the update on referrals. 2. List the features and benefits of the Walking Wounded Program. 3. Identify benefits and challenges of virtual consults. 4. Apply strategies to conduct successful virtual consults. 	<p>Speaker:</p> <p>Dr. Justin Todd</p>
1:50 – 2:20	<p>Tendinitis in the Adult Patient</p> <p>Learning Objectives:</p> <p>Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify features of common adult tendonitis. 2. Apply strategies to accurately diagnose tendonitis. 3. Determine appropriate treatment options for tendonitis. 	<p>Speaker:</p> <p>Dr. Andrew Bodrogi, MD, FRCSC</p>
2:20 – 2:50	<p>Rotator Cuff Tears</p> <p>Learning Objectives:</p> <p>Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify features of rotator cuff tears. 2. Apply appropriate treatment options for a rotator cuff tear. 3. Evaluate rotator cuff case studies to determine effective treatment options. 	<p>Speaker:</p> <p>Dr. Ryan Hodgins</p>
2:50 – 3:05	Break	
3:05 – 3:35	<p>Update on MSK Imaging</p> <p>Learning Objectives:</p> <p>Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify features of benign bone lesions 2. Evaluate when to order an US/MR/bone scan. 3. Assess local issues with reporting/accessing imaging. 	<p>Speaker:</p> <p>Dr. Kevan Saidi</p>
3:35 – 4:05	<p>Septic Arthritis</p> <p>Learning Objectives:</p> <p>Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify features of the clinical presentation of septic arthritis. 2. Apply strategies to accurately diagnose septic arthritis. 3. Determine appropriate treatment options for septic arthritis. 	<p>Speaker:</p> <p>Dr. Andrew Bodrogi</p>
4:05 – 4:35	<p>Literature Update Joint Injections</p> <p>Learning Objectives:</p> <p>Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Discuss recent evidence of the efficacy of cortisone injections for MSK conditions 2. Describe current evidence regarding hyaluronic acid injections in the treatment of MSK conditions 3. Describe current evidence regarding PRP, prolotherapy, and stem cell injections in the treatment of MSK conditions 	<p>Speaker:</p> <p>Dr. Justin Todd</p>
4:35 – 4:40	Closing Remarks	

Day Two – Friday, November 12, 2021

1:00 – 1:10	<p>Welcome and Opening Remarks</p> <p>Moderator: Dr. Kevan Saidi</p>	
1:10 – 1:40	<p>Common Adult Foot Problems</p> <p>Learning Objectives:</p> <p>Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Assess the causes of ankle arthritis, hindfoot arthritis, and hallux valgus. 2. Determine the optimal treatment for patients with ankle arthritis, hindfoot arthritis, and hallux valgus. 3. Differentiate between HV and Hallux Rigidus when evaluating patients 1. Identify and accurately diagnose claw toes/hammer toes. 	<p>Speaker:</p> <p>Dr. Patrick Allison</p>
1:40 – 2:10	<p>Knee Osteoarthritis</p> <p>Learning Objectives:</p> <p>Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Apply strategies to accurately diagnose Knee Osteoarthritis 2. Describe non-op treatment options for Knee OA. 3. Determine situations in which non-op treatment options for Knee OA are appropriate. 4. Update on surgical management of osteoarthritis of the knee (Rosa, UKA) and post-op care based on recent evidence. 	<p>Speaker:</p> <p>Dr. Stan Tubin</p>
2:10 – 2:40	<p>Osteoarthritis of the Shoulder and Elbow</p> <p>Learning Objectives:</p> <p>Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Apply strategies to accurately diagnose shoulder and elbow OA 2. Describe non-op treatment options for Shoulder and Elbow OA. 3. Determine situations in which non-op treatment options for Shoulder and Elbow OA are appropriate. 4. Describe surgical treatment options for Osteoarthritis of the shoulder and elbow. 	<p>Speaker:</p> <p>Dr. Joel Moktar</p>
2:40 – 2:55	Break	
2:55 – 3:25	<p>Hip Osteoarthritis</p> <p>Learning Objectives:</p> <p>Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify features of early hip OA/FAI. 2. Identify the non-op treatment options for Hip OA. 3. Discuss updates on Total Hip arthroplasty 4. Describe and apply best practices for post op care/DVT prophylaxis 	<p>Speaker:</p> <p>Dr. Eric Robinson</p>
3:25 – 3:55	<p>Common Adult Wrist and Thumb Conditions</p> <p>Learning Objectives:</p> <p>Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 4. Describe the clinical presentation of first carpometacarpal (CMC) joint and Wrist OA. 5. Identify and recommend treatment options for 1st CMC OA and wrist OA 6. Describe the clinical presentation of DeQuervans and TFCC tears. 7. Identify and recommend treatment options for DeQuervans and TFCC tears. 	<p>Speaker:</p> <p>Dr. Joel Moktar</p>

3:55 – 4:25	Pediatrics at Health Science North Learning Objectives: Following this session, participants will be able to: <ul style="list-style-type: none">1. Describe the clinical presentation of pediatric hip dysplasia.2. Identify and recommend treatment options for pediatric hip dysplasia.3. Identify and recommend treatment options for sprains in pediatrics.4. Describe the services and resources provided by CHEO at Children’s Treatment Center.	Speaker: Dr. Kevin Smit
4:25 – 4:30	Closing Remarks	