

# Gender Affirming Care in the General Primary Care Office 2022



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Pronouns: they/them

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- 
- A program of Sherbourne Health
  - Core funding by the Ministry of Health
  - Content developed for Ontario practitioners, may not apply to other jurisdictions in Canada


# THANK YOU!

Rainbow Health Ontario wants to thank you for your interest in 2SLGBTQ health in a pandemic.

We appreciate you taking time to be here today.

# Healthcare Excellence Canada

"The COVID-19 pandemic has increased the urgency to share learning across care settings, in real time. The need to move quickly to improve support for underserved people, and the people who care for them, is especially critical as existing gaps in health and care widen."



*“Land acknowledgments are  
a stepping stone to honouring  
broken treaty relationships.”*

<https://www.youtube.com/watch?v=voXySM-knRc>



**Toronto Area**

**Video by Local Love**

**Illustrations by**

**Chief Lady Bird**

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# Agenda

Introduction

Overview of courses

Possible learning pathway

Questions



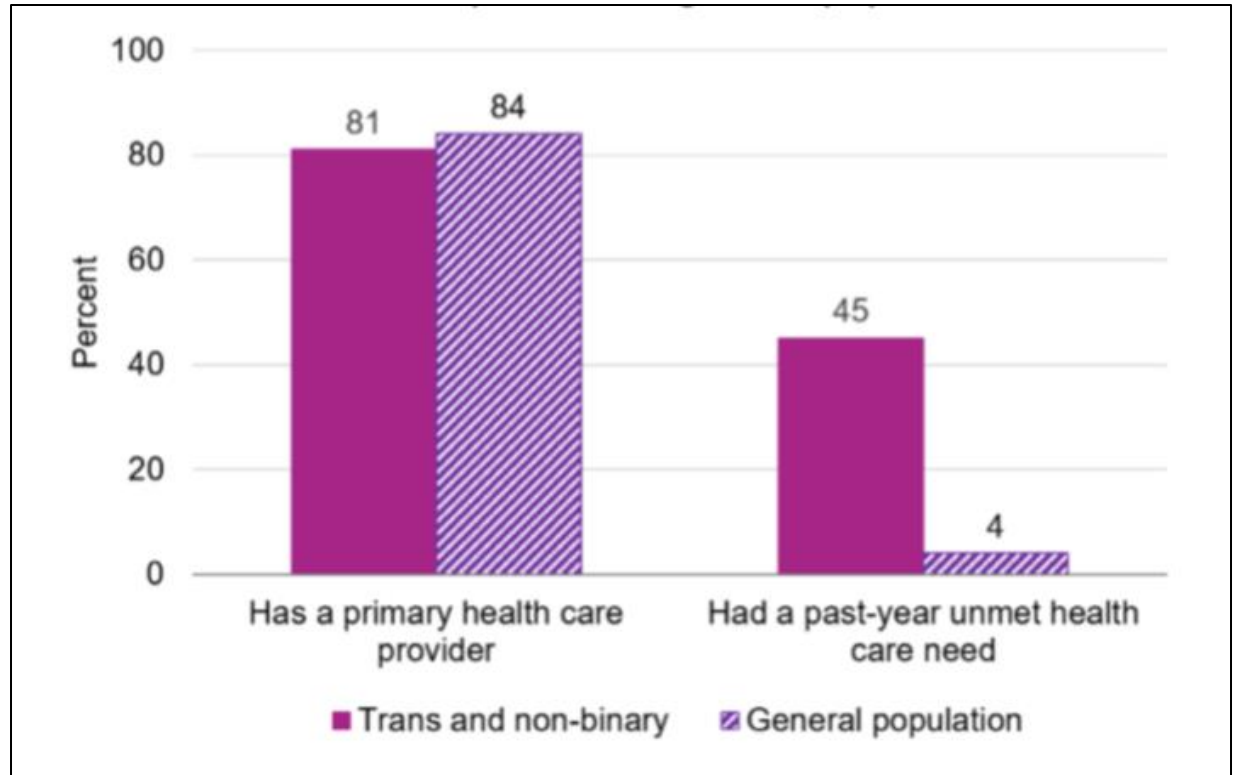
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# Cultural Competency



## How does health care access for trans and nonbinary people in Canada compare to the general population?



The Trans PULSE Canada Team, QuickStat #2

Primary care and unmet health care needs. 2020-01-31. Available from:

<https://transpulsecanada.ca/research-type/quickstats/>

# Social Determinants of Health

Widespread victimization, discrimination  
and rejection across:

- Health care
- Housing
- Employment
- Education
- Food security

# 2SLGBTQ

## Health

## Connect

- Online learning platform
- Established in 2020
- Access through [www.rainbowhealthontario.ca](http://www.rainbowhealthontario.ca)
- Set up an account with your email and a password
- The Foundations course is mandatory as preparation for all other courses
- Identifies the appropriate language and best practices in communicating with 2SLGBTQ patients



# Foundations Course

- Covers broad concepts in providing culturally competent care to the 2SLGBTQ community
- 7 Modules:
  - Terminology
  - Impact of beliefs
  - Barriers
  - Physical health needs
  - Mental health needs
  - Intersectionality
  - Inclusive communication
- 3.5 hours for most learners



# Removing the Barriers

- Removing the barriers: making your organization 2SLGBTQ friendly
- Describes ways that HCPs can make their practice more welcoming to the 2SLGBTQ community
- Live online course, 2 hours
- Upcoming dates: April 12, 27, May 12, 25, June 7, 16



# 2SLGBTQ Emotional and Mental Health

- Helps establish a framework for providing mental health care to the 2SLGBTQ community
- Live online course, 2 hours
- Upcoming dates will be announced soon



# 2SLGBTQ Seniors Course

- Providing Culturally and Clinically Competent Care for 2SLGBTQ Seniors
- Online learning modules
- In development



# Trans Health Competencies Trainings

## CME certified courses

- Transition-related hormone therapy in primary health care, 6 hours
- Puberty suppression for trans youth in primary health care, 4 hours
- Transition-related surgeries: planning, referral, and care, 6 hours
- Explains therapeutic options that HCPs can initiate care for trans and nonbinary patients
- Identifies language and best practices in communicating with patients who are trans and nonbinary



# Trans Health Competencies Trainings

- Live online courses
- For physicians, nurse practitioners, registered nurses
- Some courses for pharmacists, physician's assistants, registered social workers, registered psychologists
- Students of respective disciplines are eligible

# Trans Health Competencies Trainings

New, live online courses, 3 hours

- Masculinizing surgeries: post-operative complications in primary health care
- Vaginoplasty: post-operative complications in primary health care

# Trans Health Competencies Trainings

- Transition-related counselling for mental health providers
- Foundations for trans positive counselling: children and youth
- Foundations for trans positive counselling: adults and seniors

# Trans Health Competencies Trainings

- Live online course, 3 hours each
- Each course has a target audience
- Mental health providers and students practicing psychotherapy, counselling, and/or advocacy

# Trans Health Mentorship Call

- Teleconference for Ontario clinicians
- Connect with peers who are working with trans and nonbinary clients
- First and third Wednesdays of the month
- Register at 2SLGBTQ Health Connect

# **Gender Affirming Care Focus**

Possible learning pathway:

- 2SLGBTQ Foundations course
- Removing the barriers: making your organization 2SLGBTQ friendly
- Transition-related hormone therapy in primary health care
- Transition-related surgeries: planning, referral and care
- Trans-positive counselling – adults and seniors

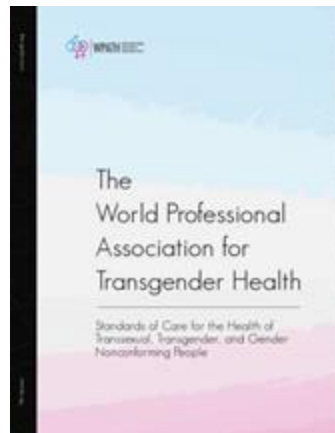
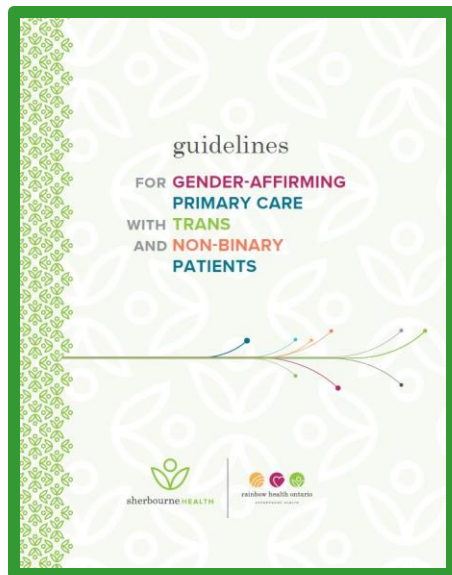


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**What can you do?**

# Resources to learn more



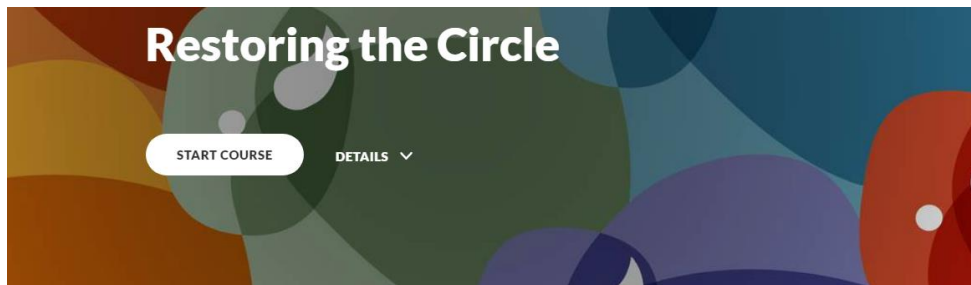
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[www.rainbowhealthontario.ca](http://www.rainbowhealthontario.ca)



# Resources to learn more



Boozhoo, Tawāw, Atelihai, Tanshi and welcome to the Native Women's Association of Canada's e-learning program on providing trauma-informed, culturally safe, and intersectional services for, to, and with 2SLGBTQ+ Indigenous people with lived experience of gender-based violence.

Visit

[www.restoringthecirclenwac.ca](http://www.restoringthecirclenwac.ca)

for this course on providing trauma-informed, culturally safe, and intersectional services for, to and with 2SLGBTQ+ Indigenous people with lived experience of gender-based violence

# Questions?

Ask now or email me at  
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