



NORTHERN ONTARIO PEDIATRIC CONFERENCE

Friday, April 14, 2023

9:00 a.m. – 4:00 p.m.

Venue: Holiday Inn

1696 Regent St

Greater Sudbury, ON | P3E 3Z8

9:00 AM – 9:10 AM	Welcome and Opening Remarks	
Plenary 9:10 AM – 10:10 AM	Topic: Eating Disorders Speaker: Amy Robinson Moderator: Tara Baron Learning Objectives: Following this session, participants will be able to: <ol style="list-style-type: none">1. Discuss how to recognize the signs and symptoms of an eating disorder2. Describe an approach to investigating and diagnosing an eating disorder3. Outline how one can manage an eating disorder in their office while awaiting treatment at an Eating Disorder Program	
Breakout Sessions 10:15 AM – 11:00 AM	Topic: Disordered Sleep Speaker: Athena Young Moderator: Morgan Carrier Learning Objectives: Following this session, participants will be able to: <ol style="list-style-type: none">1. Review principles of infant sleep: changes, progression and sleeping through the night2. Review recommendations for adolescents and sleep3. Review sleep “red flags”	Topic: GERD vs. EoE Through the Ages Speaker: Natalie Reitzal Moderator: Cheryl Clayton Learning Objectives: Following this session, participants will be able to: <ol style="list-style-type: none">1. Recognize how clinical presentations differ based on age2. Identify alarm features3. Learn the step-wise diagnostic approach to differentiating GERD from EOE4. Review the pearls and pitfalls of management5. Review the functional esophageal disorders also on the differential
Break 11:00 AM – 11:15 AM		
Breakout sessions 11:15 AM – 12:00 PM	Topic: Adolescent Contraception Speaker: Amy Robinson Moderator: Angie Wiwczor Learning Objectives: Following this session, participants will be able to: <ol style="list-style-type: none">1. Identify the different options for contraception in adolescents	Topic: Celiac Disease Update Speaker: Natalie Reitzal Moderator: Cheryl Clayton Learning Objectives: Following this session, participants will be able to: <ol style="list-style-type: none">1. Review new(ish) diagnostic criteria2. Learn the nuances in diagnosing young children and the whole family3. Review ongoing management and monitoring4. Exciting new things coming down the research pipeline (lots and lots of excitement)

	2. Discuss an approach for deciding what type of contraception is appropriate for patients	
Lunch 12:00 PM – 1:00 PM		
1:00 PM – 2:00 PM	Journal Club Speaker: Melanie Breau Moderator: Cheryl Clayton Learning Objectives: Following this session, participants will be able to: <ol style="list-style-type: none"> 1. Discuss five articles relative to general pediatric practice over the past year 2. Critically appraise each article in “quick hits” format 3. Summarize each article with “take-home messages” highlighting implications relevant to general practice 	
2:00 PM – 2:45 PM	Topic: Quick Hits Speaker: Tahereh Haji and Brittany Pennock Moderator: Tara Baron Learning Objectives: Following this session, participants will be able to: <ol style="list-style-type: none"> 1. Have an approach to feeding difficulties without failure to thrive 2. Understand the assessment, investigation and a management for common pediatric limb anomalies, including developmental dysplasia of the hip 3. Describe the unique features of pediatric mood disorders and be able to plan appropriate management using the biopsychosocial model 4. Understand the assessment and management of common pediatric surgical issues including umbilical hernia, hypospadias and undescended testes 5. To review evidence based, free, online resources available to primary care providers for pediatric patient handouts as well as pediatric guidelines 	
2:45 PM – 3:00 PM	Break	
Plenary 3:00 PM – 4:00 PM	Topic: Adverse Childhood Experiences and Trauma-Informed Care Speaker: Sharon Lorber Moderator: Morgan Carrier Learning Objectives: Following this session, participants will be able to: <ol style="list-style-type: none"> 1. Appreciate the prevalence of childhood trauma, including Adverse Childhood Experiences (ACEs), and its impact on long-term mental and physical health outcomes 2. Discuss Trauma Informed Care as an approach to supporting children who have experienced adversity 3. Describe steps to incorporating trauma-informed strategies into clinical practice 	
4:00 PM – 4:05 PM	Closing Remarks	

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 5.25 Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine. You may claim a maximum of 5.25 hours (credits are automatically calculated).

Claiming your credits: Please submit your credits for this activity online at www.cfpc.ca/login. Please retain proof of your participation for six (6) years in case you are selected to participate in credit validation or auditing.

