

Northern Ontario Women's Health Conference

8:45 – 9:00	Time to Gather Join the Pre-conference Networking Room
9:00 – 9:10	Welcome and Opening Remarks <i>Moderator: Dr. Amber Dudar</i> Program Learning Objectives: <ol style="list-style-type: none"> 1. Identify common best practice approaches to the management of antepartum and intrapartum care 2. Discuss common gynecological issues faced by women throughout their lifespan. 3. Create a community of best practice for women's health in Northwestern Ontario.
9:10– 10:10	1. Thyroid Disease and Pregnancy/Infertility Speaker: Dr. Jennifer Yamamoto <i>Moderator: Dr. Jennifer McPhail</i> After attending this session participants will be able to: <ol style="list-style-type: none"> 1. Describe thyroid physiology as it relates to pregnancy. 2. Discuss current evidence in the role of testing TSH and management in infertility/pregnancy. 3. Identify treatment targets and medical management to achieve these targets.
Obstetrics Quick Snappers	
10:10– 10:40	2. COVID-19 Vaccination in Pregnancy and Breast Feeding Speaker: Dr. Vanessa Poliquin <i>Moderator: Dr. Laura Power</i> After attending this session participants will be able to: <ol style="list-style-type: none"> 1. Review the available COVID-19 vaccines approved for use in pregnancy and breast feeding. 2. Review current evidence on the efficacy of COVID-19 vaccination, effects to newborn and potential side-effects/risks.
10:40 – 11:10	3. SSRI Pregnancy and Breast Feeding Speaker: Dr. Devina Wadhwa <i>Moderator: Carey Murphey</i> After attending this session, participants will be able to: <ol style="list-style-type: none"> 1. Identify and counsel the patient on potential risks of SSRI/SNRI use in pregnancy and breastfeeding. 2. Identify which SSRIs/SNRIs have the best safety profile during pregnancy and breastfeeding.

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11:10 – 11:55	4. Migraine in Pregnancy and Menstrual Migraines Speaker: Dr. Christine Lay Moderator: Dr. Ruthanne Williams After attending this session participants will be able to: <ol style="list-style-type: none"> 1. Identify a migraine in pregnancy and review differential diagnoses. 2. Identify pharmacological treatment options as well as alternatives. 3. Review menstrual migraines and treatment options.
11:55 – 12:10	Sponsor Tradeshow See Sponsorship Page for Tradeshow Room Links
12:10 – 12:15	Reconvene in main Conference Room
12:15 – 1:15	5. Trauma Informed Care Speaker(s): Dr. Lindsay Churchley, Dr. Iris Gorfinkel, Bronagh Sabotic Moderator: Deborah Bishop After attending this session participants will be able to: <ol style="list-style-type: none"> 1. Describe the historical and systemic factors that impact the health outcomes of Indigenous people in Canada. 2. Explain the importance of trauma-informed care to improving patient health outcomes. 3. Apply a trauma-informed lens to patient examinations in practice.
Gynecology Quick Snappers	
1:15 – 1:45	6. Acute Uterine Bleeding – Management in Acute/ER and Long Term Settings Speaker(s): Dr. Dave VanderBurgh and Dr. Louise Knowles Moderator: Deborah Bishop After attending this session participants will be able to: <ol style="list-style-type: none"> 1. Rule out life threatening causes of acute uterine bleeding in an emergency setting. 2. Utilize management strategies and therapeutic options for acute uterine bleeding. 3. Develop an appropriate follow up plan and long term treatment options for acute uterine bleeding.
1:45 – 2:15	7. Pap Guidelines, HPV Testing, and Vaccination Speaker(s): Dr. Naana Jumah and Dr. Stephanie Block Moderator: Dr. Ruthanne Williams After attending this session, participants will be able to: <ol style="list-style-type: none"> 1. Identify recent changes to the Ontario Pap guidelines. 2. Discuss options for HPV testing and vaccination in Northern Ontario.

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2:15 – 3:00	<p>8. Gynecologic Implications of Obesity Speaker: Dr. Andrew Siren <i>Moderator: Dr. Ruthanne Williams</i></p> <p>After attending this session, participants will be able to:</p> <ol style="list-style-type: none">1. Discuss the clinical impacts of obesity on fertility and pregnancy outcomes.2. Explain how obesity contributes to other gynecologic conditions, including pelvic organ prolapse and malignancy.
3:00 – 3:10	Conference Wrap-up & Evaluations

Thank you for joining us!

Please take a moment [to complete your evaluations](#). You can also create your certificate of attendance through our [evaluation link](#)!