

NORTHEAST WOMEN'S HEALTH SYMPOSIUM

April 28, 2023
1:00 – 4:00 p.m. EST
Join us virtually via WebEx.



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Continuing Education
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Conference Learning Objectives

1. Identify the best practice for managing menopause
2. Discuss new guidelines and regional plans for implementing Cancer Care Ontario's cervical cancer screening program
3. Counsel patients on the options for hormonal contraception

1:00 – 1:10	Welcome and Opening Remarks
1:10 – 2:10	<p>Keynote Session</p> <p>Menopause Management--Not Exactly Rocket Science</p> <p>Speaker: Dr. Denise Black</p> <p>Learning Objectives: Following this session participants will be able to:</p> <ol style="list-style-type: none">1. Confidently manage menopause and prescribing hormones if indicated2. Illustrate the hazards of untreated VMS on the brain and the heart3. Communicate to patients the importance of lifestyle modification at midlife to reduce neurocognitive, cardiovascular, venous thromboembolic and osteoporosis risk4. Implement the use of a framework for a menopause evaluation, and an algorithm for choosing appropriate therapy.
2:10 – 2:40	<p>A New Era of Cervical Cancer Screening: Primary HPV Testing</p> <p>Speaker: Dr. Karen Splinter</p> <p>Learning Objectives: Following this session, participants will be able to:</p> <ol style="list-style-type: none">1. Discuss Cancer Care Ontario's strategic plans for cervical cancer screening2. Discuss regional plans for implementation of the new guidelines in the northeast.
2:40 – 2:55	Break – Sponsor Rooms Open

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2:55 – 3:25	<p>Hormonal contraception: myth-busting & troubleshooting</p> <p>Speaker: Dr. Brittney Parlett</p> <p>Learning Objectives: Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Develop an updated practical approach to contraception counselling <ol style="list-style-type: none"> a) Take into account considerations with patients included in special populations (eg. Adolescents, obesity, LGBTQIA2S+, etc) 2. Consider updates regarding use of the 52mg LNG-IUS 3. Be able to counsel patients regarding long-term use of depot medroxyprogesterone acetate (DMPA) 4. Discuss the etonogestrel implant 5. Discuss novel OCPs with drospirenone and estetrol 6. Troubleshoot side effects patients may experience (eg. cyclic mood issues on triphasics, breakthrough bleeding on low dose OCPs, etc)
3:25 – 3:50	<p>5-minute pearls of Obstetrics & Gynecology: A northeast panel discussion and Q&A</p> <p>Panel: Dr. Karen Splinter, Dr. Jennifer Jocko & Dr. Kathryn Cossar</p> <p>Learning Objectives: Following this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Perform consultations with patients experiencing common concerns in clinic, including: <ol style="list-style-type: none"> a. Managing patients experiencing first-trimester pregnancy of unknown viability b. Managing patients experiencing asymptomatic endometrial thickening c. Managing patients experiencing polyps and fibroids 2. Implement specialist recommendations for considering endometriosis
3:50 – 4:00	<p>Closing Remarks and Evaluations</p>

Credits for Family Physicians

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 2.5 Mainpro+ credits.

Disclaimer:

It is a College requirement that you claim only the hours/credits that you actually spent participating in the educational program