

THUNDER BAY PSYCHIATRY LEG PRESENTS: A DAY IN EATING DISORDERS

May 12, 2023 from 9:00 a.m. - 4:00 p.m. EST At the Courthouse Hotel

277 CAMELOT STREET THUNDER BAY, ONTARIO

Join us in-person or virtually, for an opportunity to develop your knowledge about Eating Disorders. Sessions will be relevant to physicians, psychiatrists, allied healthcare professionals, care workers, residents and learners.

Learning Objectives:

- 1. Identify red flags in patients that point to eating disorders. (CanMEDS role(s): Medical Expert Communicator)
- 2. Discuss treatment/management options of eating disorders/ obesity. (CanMEDS role(s): Medical Expert Communicator)
- 3. Direct patients to local resources/ treatment options for youth and adult eating disorders (CanMEDS role(s): Medical Expert Communicator, Collaborator)

Registration Fees	In Person	Virtual
Physicians	\$225	\$195
Allied Healthcare Professionals	\$175	\$145
Psychiatry LEG Members	\$165	\$140
Students/Residents	\$125	\$100



CFPC Group Learning - This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at NOSM University for up to 6 Mainpro+ credits.

Section 1 Accreditation - This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Education and Professional Development Office at NOSM University. You may claim a maximum of 6 hours (credits are automatically calculated).



Thunder Bay Psychiatry LEG presents: A Day in Eating Disorders

8:30 a.m. – 9:00 a.m.	Time to Gather	
9:00 a.m. – 9:15 a.m.	Welcome and Opening Remarks with Dr. Suzanne Allain	
9:15 a.m. – 10:30 a.m.	Overview of Eating Disorders, Referral Process, Assessment and Diagnosi Karen DeGagne & St. Joseph's Eating Disorder Program Team	
	Learning Objectives:	
	1. Describe the various presentations of disordered eating.	
	2. Recognize the signs and symptoms of disordered eating in patients.	
10:30 a.m. – 11:00 a.m.	Break	
11:00 a.m. – 12:15 p.m.	Medical Complications in Eating Disorders	
	Dr. Athena Young and Aylee Nelson	
	Learning Objectives:	
	1. Distinguish between the various presentations of disordered eating.	
	2. Counsel patients on treatment options for disordered eating.	
12:15 p.m. – 1:15 p.m.	Lunch	
1:15 p.m. – 2:30 p.m.	Eating Disorder Treatment – Youth & Adult Stream	
	Karen DeGagne & St. Joseph's Eating Disorder Program Team	
	Learning Objectives:	
	 Discuss disordered eating with minor patients and their parents/caregivers. 	
	2. Discuss disordered eating with adult patients and their caregivers	
	3. Counsel patients on specific treatment options geared toward treating disordered eating in children, teenagers and young adults.	
2:30 p.m. – 3:00 p.m.	Break	
3:00 p.m. – 4:15 p.m.	Eating Disorders in Adults & Ways to Improve Engagement Dr. Samer Khalil	
	Learning Objectives:	
	1. Discuss disordered eating with adult patients and their caregivers.	
	2. Discuss treatment of ED from a psychiatric perspective.	
4:15 p.m. – 4:30 p.m.	Closing Remarks with Dr. Suzanne Allain	