### Lisa Habermehl MD CCFP FCFP

- Grew up Southern Ontario (suburban)
- FM residency at NOMP in Thunder Bay
- Spent residency blocks in Red Lake and Kenora (guess where I live, work and spend time now?)
- Upcoming Regional Clinical Lead, Primary Care, Ontario Health North West

# EMERGENCY DEPARTMENT PEER-TO-PEER PROGRAM

#### Overview

OCTOBER 2022



### Emergency Department Peer-to-Peer Program

- Several rural Emergency Departments (EDs) are in crisis with the threat to close, due to physician recruitment challenges, particularly in the Ontario Health North Regions
- The ED Peer-to-Peer Program is an immediate and straight-forward way of directly supporting ED Physicians, increasing their comfort in staffing rural and remote Ontario EDs,
- The ED Peer-to-Peer program will offer immediate access to a team of highly qualified emergency physicians while leveraging the established CritiCall and OTN platform
- Rural/Remote Physicians will directly connect to credentialed ED Physicians to receive immediate, ondemand, real-time coaching, mentoring and support for all patient acuity by credentialed emergency physicians
- ED Peer-to-Peer Program complements existing virtual care programs by supporting ED Physicians across the province for any/all types of patients



## What does this mean on the ground in ER?

- Active sites will have remote access to an ER physician, familiar with lower resource settings, who is available 24/7 to talk with local ER doc
- It is for presentation of patients of all ages
- Examples of possible scenarios
  - Reviewing the steps to putting in a chest tube or central line or....
  - "Bouncing ideas" about what could be going on with a complex patient
  - Potential for assisting with accessing specialists when you are knee-deep in managing an acute patient
- Access is via Criticall then OTN in ER
- In addition to regional initiatives like RCCR

## A Project in Evolution

- Notes will come via efax to the hospital for chart
- This is the ONLY job these docs are doing for their shift. They are not doing it "off the side of their desk".
- Fostering connection and clinical support (akin to a colleague at the desk beside you in bigger ER's that have "double coverage
- Digital connectivity will progress with time (images, labs.....)
- First sites included Sioux Lookout. Were chosen based on need and whether necessary tech parameters were already in place (eg ER OTN). Plans for expansion are in the works.

CONNECTED, UNITED, THRIVING

## Primary care provision through a Northern Ontario lens

This is your one stop site for connecting you to information, resources and colleagues to help you practice in Northern Ontario! Access helpful resources, ask questions, get answers, connect with colleagues, get important system notifications, join interest groups and communities of practice, and be connected... to each other... and to the system you work in each day.

**GET STARTED** 

**BROWSE RESOURCES** 











## **Connect with Other Primary Care Providers in Northern Ontario**

We all face common challenges practicing in Northern Ontario, and we know we will be more successful when we can face them together!

**LEARN MORE** 

SIGN UP



#### **Our Partners**













Category	Topics	Тор
Maid, Palliative and End of Life Care	3	Weblinks for Primary Care 1
ER	1	Clinical Tools clinical-care, website Sep 7
Education Resources and Upcoming Events	4	Meditation App Recommendation  Clinician Well Being: Burnout to Burn Bright  Aug 25
Clinical Tools  This entergory is a repository for clinical people, tricks of the trade	1	What to do when you get a MAID request? 3
This category is a repository for clinical pearls, tricks of the trade and resources that you found work in your practice. Thank you for sharing!		■ Maid, Palliative and End of Life Care Sep 2  Partners in Care 1
Covid-19	1	■ ER 28d
Clinician Well Being: Burnout to Burn Bright	1	Fall Courses in Northern Ontario 0
Rural Generalists	1	■ Education Resources and Upcoming Events 30d
Discourse Guidelines	5	ACP (previously SpeakUp Ontario) Online Resources 2
Public Health / IPAC	1	■ Maid, Palliative and End of Life Care
●Admins & Moderators  Private category for staff discussions. Topics are only visible to	1	Grab a Pizza and Some Friends  Education Resources and Upcoming Events  0 30d
admins and moderators.		Mentorship for rural generalist learners  • Bural Generalists  Jul 17
Uncategorized	0	Rural Generalists Jul 17







#### 

1 Sep 6

I compiled a list of the online resources and apps I tend to turn to for clinical information. Some are free, some have a membership, some are available through the NOSM faculty library (like uptodate.com)

Please make sure you are viewing the most current version of these pages, especially as guidelines change (ie When what we now know becomes different than what we used to know;)

uptodate.com Subscription/NOSM faculty, app, online, CME credits available

#### Ottawa EM Handbook 2022

TheNNT.com The number needed to treat is a great evidence based synopsis of some hot topics, from cardiac care to endocrinology. Free, online.

Covid-19 drug interactions (UK) Based in the UK, was a go-to for me in Covid Assessment Centre. Printed the indivdualized PDF (not identifiable) and sent copies to pharmacy with my prescriptions.

Life in the Fast Lane Emerg stuff, podcasts, ECG skill reviews

The Skeptic's Guide to Emergency Medicine 1 Our own NOSM faculty member, Dr. Ken Milne, puts together this website and podcast as he explores where evidence (or the absence of it) can lead us

Osteoporosis.ca Free, online, guidelines, calculators

Diabetes.ca Free, online, guidelines

COPD guidelines from GOLD Online, app, COPD treatment guidelines

Anti-infective guidelines The "Orange Book" that is the go-to for so many. This one has a small cost, either app or book.

Thrombosis Canada Free online and app. Guidelines, calculators.

Canadian Cardiovascular Society Guidelines Free online. Guidelines for things like CHF, A Fib...



Sep 6

1/2 Sep 6

Sep 7







#### Grab a Pizza and Some Friends &

■ Education Resources and Upcoming Events



#### scooper 1

30d



Our group in Little Current usually attends Alberta's Practical Evidence for Informed Practice Oct 21/22

Usually involves pizza and adult beverages and lots of comments by the oh so wise little current group on the suggestions from our Alberta colleagues

Pheedloop.com

Home | PRACTICAL EVIDENCE FOR INFORMED PRACTICE (PEIP) CONFERENCE 2022 -... 1

PRACTICAL EVIDENCE FOR INFORMED PRACTICE (PEIP) CONFERENCE 2022 by PEER on October 21, 2022. Hybrid - Virtual and In - Person (DoubleTree by Hilton West Edmonton). Register now, and learn more!

If you are interested

























## What are some of the general goals of the NOPCN?

- Professional space to share information relevant to MD's and NP's providing primary care in Northern Ontario
- It's meant to be a bit "choose your own adventure". What interests our colleagues?
- To facilitate communication during system evolution. What's new with an OHT? Is there a new centralised referral system for specialist access?
- To be an educational, administrative and clinical tool resource repository

"I'm a practicing family doc or NP in the North.
I'm game.

How do I sign up?"



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**GET STARTED** 

**BROWSE RESOURCES** 



Because the users are intended to be licensed MD's and NPs, on sign up, you'll currently be asked some details including your CPSO or CNO number and practice location

Admission to site after request to join is done by hand but, so far, it's generally far less than 72 hours.



×-

+ New Topic

all categories ▶ all tags ▶ Categories

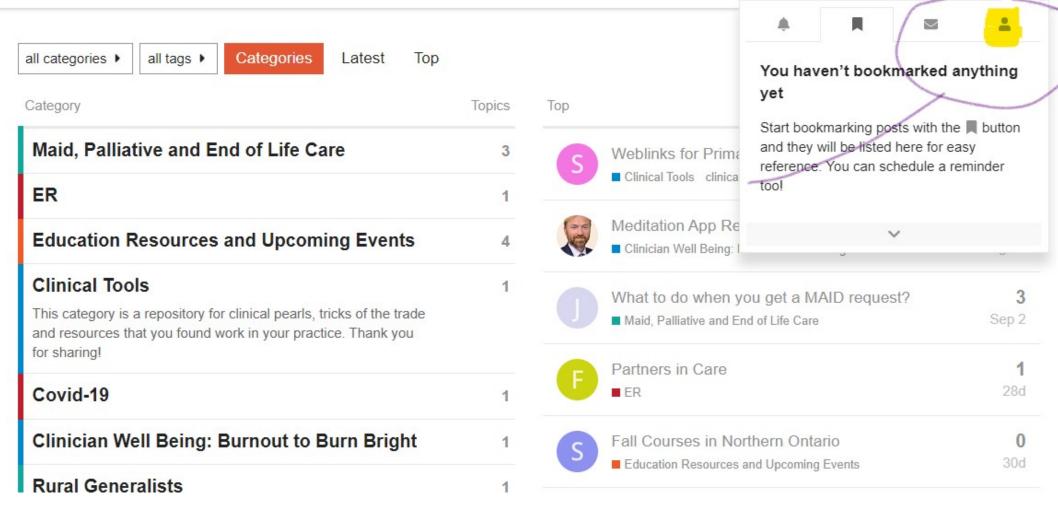
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Maid, Palliative and End of Life Care	3				
ER	1				
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	■ Maid, Palliative and End of Life Care	Sep 2
	Partners in Care	1
	■ ER	28d
	Fall Courses in Northern Ontario	0
5	■ Education Resources and Upcoming Events	30d
	ACP (previously SpeakUp Ontario) Online	
	Resources	2
	■ Maid, Palliative and End of Life Care	15d
	Grab a Pizza and Some Friends	0
5	■ Education Resources and Upcoming Events	30d







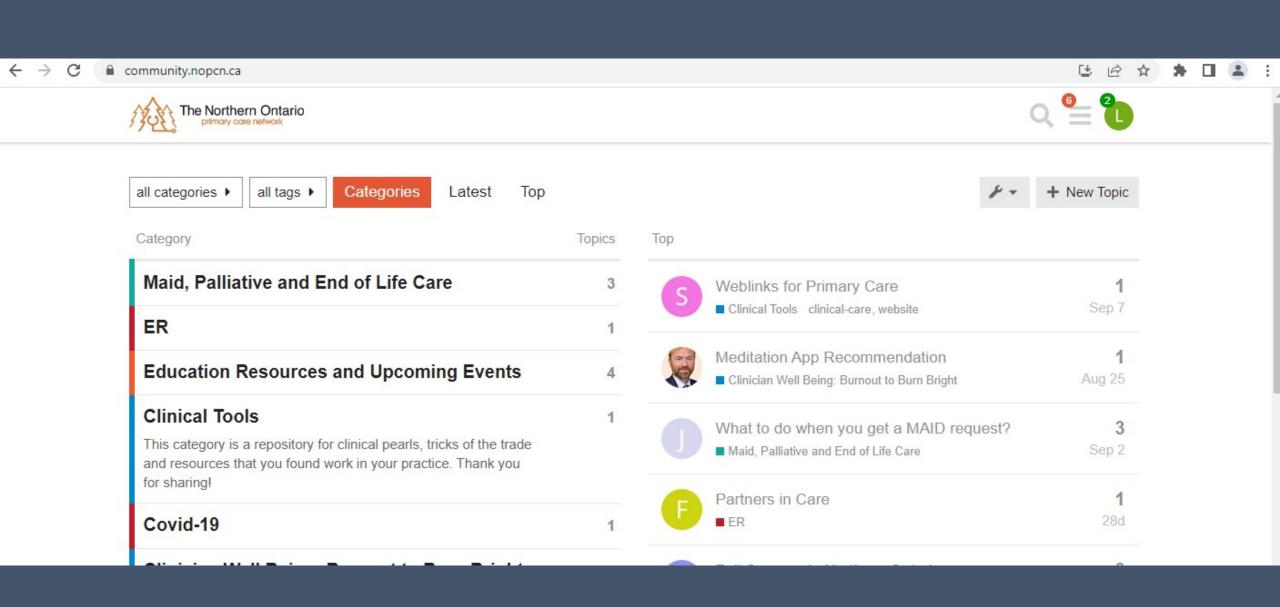


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"I'm on the site. I've got something to contribute.

Now what?"



#### Please consider the following:

- Indicating your real name, town/city you practice in and your credentials (MD/NP) can help us all get to know one another better. It may also help users filter information that has the most relevance to them
- The space is intended to have a positive vibe
- No system is perfect. Efforts are being made to try and ensure only Northern primary care NP's and MD's can sign up, but the site should not be considered a private one. Please don't include patient specific info.
- Invite your Northern primary care NP and MD colleagues & friends to sign up.