

Palliative Care Conference

March 22, 2024



NNPCN - PCIEF Palliative Care
Interdisciplinary Education Funding



Continuing Education
and Professional Development

AGENDA

Time	Description
8:30 a.m. – 8:45 a.m.	Gathering
8:45 a.m. – 9:00 a.m.	Welcome and Opening Remarks <i>Speakers: Dr. Christine Pun & Ms. Monica Do Coutto Monni</i> <u>Program Learning Objectives:</u> <ol style="list-style-type: none">1. Effectively engage in difficult palliative conversations around discouragement and despair with patients and their families2. Enhance collaborative patient care and support by fostering an environment of empathy amongst a diverse clinical care team3. Discuss the larger role of community care in palliative care in rural Northern communities
9:00 a.m. – 10:15 a.m.	Topic: Pain Management - Beyond Opioids <i>Speaker: Dr. Frances Kilbertus, Dr. Christine Pun, Claire Poulin, Ella Proulx, Simone Smith</i> <i>Moderator: Dr. Tara Leary</i> <u>Learning Objectives:</u> <ol style="list-style-type: none">1. Illustrate the use of pain adjuvant therapies in different case scenarios2. Gain confidence in the treatment of opioid-resistant pain3. Discuss access to less commonly used palliative care analgesia in Northern and rural communities
10:15 a.m. – 10:30 a.m.	Break
10:30 a.m. – 11:45 a.m.	Topic: I Wish I was Dead - What's Suffering Got to do with It? <i>Speaker: Dr. Harvey Chochinov</i> <i>Moderator: Julie Aube</i> <u>Learning Objectives:</u> <ol style="list-style-type: none">1. Identify connections between dignity and a wish to die2. Examine how acknowledging personhood can shape a patient experience3. Describe elements of Intensive Caring and how it can inform our understanding and approach to suffering

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Time	Description
11:45 a.m. – 12:30 p.m.	Lunch
12:30 p.m. - 1:45 p.m.	<p>Topic: Goals of Care and the Palliative Approach <i>Speaker: Dr. Leah Steinberg</i> <i>Moderator: Rhonda Dostal</i></p> <p><u>Learning Objectives:</u></p> <ol style="list-style-type: none">1. Outline the key concepts of advance care planning and goals of care discussion situated within the Ontario legal framework and palliative approach to care and distinguish them from code status2. Utilize language and communication skills to conduct person-centered conversations3. Identify the roles of inter-professional team members for ACP and GoCD
1:45 p.m. - 2:00 p.m.	Break
2:00 p.m. - 3:15 p.m.	<p>Topic: Lament, Empathy and Teambuilding <i>Speaker: Dr. John Scott</i> <i>Moderator: Scott Gardiner</i></p> <p><u>Learning Objectives:</u></p> <ol style="list-style-type: none">1. Understand the concept of lamentation and the psychological and existential sources of suffering that trigger it2. Recognize signs of lament and grief in patients, colleagues and ourselves3. Develop strategies to foster empathy and compassion in the palliative care team
3:15 p.m. - 3:30 p.m.	<p>Closing Remarks <i>Speaker: Ms. Monica Do Coutto Monni</i></p>

THIS ONE-CREDIT-PER-HOUR GROUP LEARNING PROGRAM MEETS THE CERTIFICATION CRITERIA OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA AND HAS BEEN CERTIFIED BY THE CONTINUING EDUCATION AND PROFESSIONAL DEVELOPMENT OFFICE AT NOSM UNIVERSITY FOR UP TO 5.75 MAINPRO+ CREDIT(S).

