

# Jasper Spring Retreat and Medical Conference 2024

**April 12-14, 2024**

## Fairmont Jasper Park Lodge

## Conference Program

Overall conference objectives:

- Facilitate bringing specialists and family physicians together to share practical strategies focused on better patient outcomes while improving provider satisfaction.
- Analyze best evidence in rural practice.

Time	Friday, April 12, 2024	Designate	Room
0800-0830	<b>Breakfast &amp; Registration</b>	n/a	Beauvert A
0830-0840	<b>Welcome &amp; Plan for the Day</b>	Dr. Melissa Dymond	Beauvert Room
0840-0845	<b>Traditional Welcome</b>	Matricia Bauer	Beauvert Room
0845-0930	<b>Colon Screening:</b> <ul style="list-style-type: none"> <li>Define the eligibility criteria for entry into the Colon Screening Program</li> <li>Describe process to refer patients into the Colon Screening Program</li> <li>Define patient follow up process by the Colon Screening Program</li> </ul>	Dr. Paul Mullins	Beauvert Room
0930-1030	<b>Pediatric Asthma/Bronchiolitis:</b> <ul style="list-style-type: none"> <li>Review Bronchiolitis Dx and Management</li> <li>Review Asthma diagnosis in toddlers/young children and when to start inhaled steroids.</li> </ul>	Dr. James Toft	Beauvert Room
1030-1045	<b>Break &amp; Exhibit Booths</b>		Beauvert A
1045-1230	World Café Rotations - 4 x 20 mins <b>HPV Cervical Screening:</b> <ul style="list-style-type: none"> <li>Review transition of cervix screening program to include primary screening with HPV.</li> <li>Discuss frequently asked questions about cervical self-screening.</li> <li>Provide updates on eligibility and recommendations for HPV vaccination.</li> </ul> <b>Ur in Charge:</b> <ul style="list-style-type: none"> <li>Review basics of urine.</li> <li>Define when/who/how to refer.</li> <li>Review updates in renal medicine – SGLT2i and MRAs/predicting kidney failure.</li> </ul>	Dr. Sheona Mitchell-Foster          Dr. Fareen Din	Pyramid A       Tekarra Pyramid B Pyramid C

Time	Friday, April 12, 2024	Designate	Room
	<ul style="list-style-type: none"> <li>Review nephrology in the North.</li> </ul> <b>Dry Eye Disease:</b> <ul style="list-style-type: none"> <li>Define typical presentation of dry eye disease and the extent of the problem.</li> <li>Review management of dry eye disease and the many options available</li> </ul> <b>Meds and MVCs</b> <ul style="list-style-type: none"> <li>Discuss commonly prescribed medications or medication combinations associated with a higher risk of motor vehicle collisions (MVCs)</li> <li>Introduce discussion on how we may discuss with our patients who may suffer from conditions requiring prescriptions of these medications and risk with driving.</li> </ul>	<p>Dr. Andrew Lukaris</p> <p>Dr. Melissa Dymond</p>	
1230-1320	<b>Lunch &amp; Exhibit Booths</b>		Beauvert A
1320-1400	<b>Resident Rapid Fires – part 1:</b> <ul style="list-style-type: none"> <li>Review guideline-based practice</li> <li>Explore the concept of evidence-based quality improvement in the family practice setting</li> </ul>	Residents	Beauvert Room
1400-1500	<b>Rapid Fire!</b> <b>Migraine:</b> <ul style="list-style-type: none"> <li>Define the subclasses of migraine.</li> <li>Review Rx both abortive and prophylaxis.</li> </ul> <b>Management of the Agitated Patient:</b> <ul style="list-style-type: none"> <li>Recognize and categorize agitated patients as mildly, moderately, or severely agitated.</li> <li>Cite reasons for treating agitation in the Emergency Department.</li> <li>Develop an approach to manage agitated ED patients pharmacologically.</li> </ul>	<p>Dr. Salem Alhalabi</p> <p>Dr. Natasha DeSousa</p>	Beauvert Room
1500-1515	<b>Break &amp; Exhibit Booths</b>		Beauvert A
1515-1700	<b>World Café Rotations - 4 x 20 mins</b> <b>Regional Surgical Services:</b> <ul style="list-style-type: none"> <li>Review current state of Surgical Services in Northern Health</li> <li>Discuss Strategies to improve surgical access in Northern Health</li> </ul> <b>STEMI Management in the North – What's New?</b> <ul style="list-style-type: none"> <li>Review the current management of STEMI's</li> <li>Discuss prehospital care and transfer of STEMI's</li> </ul> <b>Critical Care – deteriorating patient:</b> <ul style="list-style-type: none"> <li>Review priorities and discuss management of the deteriorating patient in a resource limited setting.</li> </ul>	<p>Dr. Marijo Odulio</p> <p>Dr. Devin Spooner</p> <p>Dr. Tafi Madzimure</p>	<p>Pyramid A</p> <p>Tekarra</p> <p>Pyramid B</p> <p>Pyramid C</p>

Time	Saturday, April 13, 2025 Social Activities	Designate	Room
1800-1900	Cocktails/appies & kids dinner	n/a	Ballroom B
1900-2000	Gourmet Banquet (kids games by DJ)		
2000	Music Trivia/Photo Booth/Dancing!		

Time	Sunday, April 14, 2024	Designate	Room
0800-0830	<b>Breakfast</b>	n/a	Beauvert A
0830-0915	<b>Resident Rapid-Fire part 2:</b> <ul style="list-style-type: none"> <li>Review guideline-based practice</li> <li>Explore the concept of evidence-based quality improvement in the family practice setting</li> </ul>	Residents	Beauvert Room
0915-1215	<b>PEER (Patients Experience Evidence Research) Presents!</b> <b>Choose your briefs:</b> <ul style="list-style-type: none"> <li>Summarize high level evidence for several clinical questions.</li> <li>Incorporate best evidence for common primary care questions in patient care.</li> <li>Differentiate between interventions with minimal benefit and strong evidence for patient-oriented outcomes.</li> </ul> <b>What's new, what's true, what's poo:</b> <ul style="list-style-type: none"> <li>Describe evidence of new diagnostic tests or therapies that should be implemented into current practice.</li> <li>Compare articles and evidence that may reaffirm currently utilized diagnostic tests, therapies, or tools.</li> <li>Identify articles that highlight diagnostic tests, therapies or other tools that were misrepresented in studies/media.</li> </ul> <b>Users guide to health deception:</b> <ul style="list-style-type: none"> <li>Summarize key areas of mass medical misinformation prevalent on online and social media platforms.</li> <li>Compare and contrast online health claims and the actual findings from high-quality medical literature.</li> <li>Discuss strategies to identify misinformation and communicate with patients.</li> </ul>	Danielle Perry & Betsy Thomas	Beauvert Room
1215	<b>Conference close</b>	Dr. Melissa Dymond	Beauvert Room

