

Staying Strong Through Chemo



*Does electrical stimulation protect skeletal muscle
from
Doxorubicin toxicity?*

Meghan McCue

Ph.D. Candidate, Biomolecular Sciences

Dr. David MacLean

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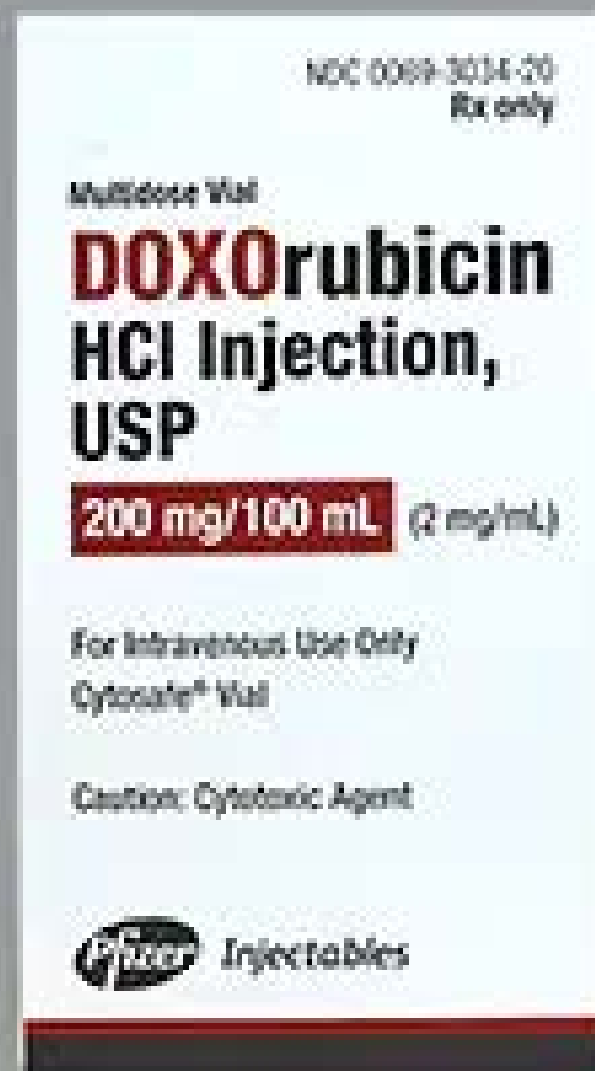
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What is Doxorubicin?

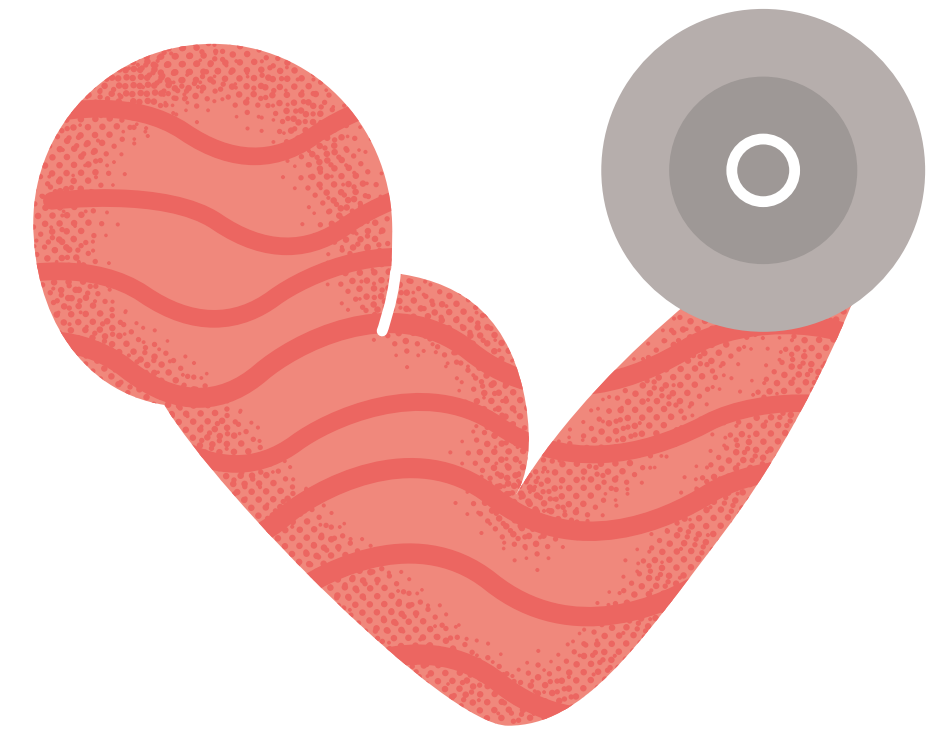
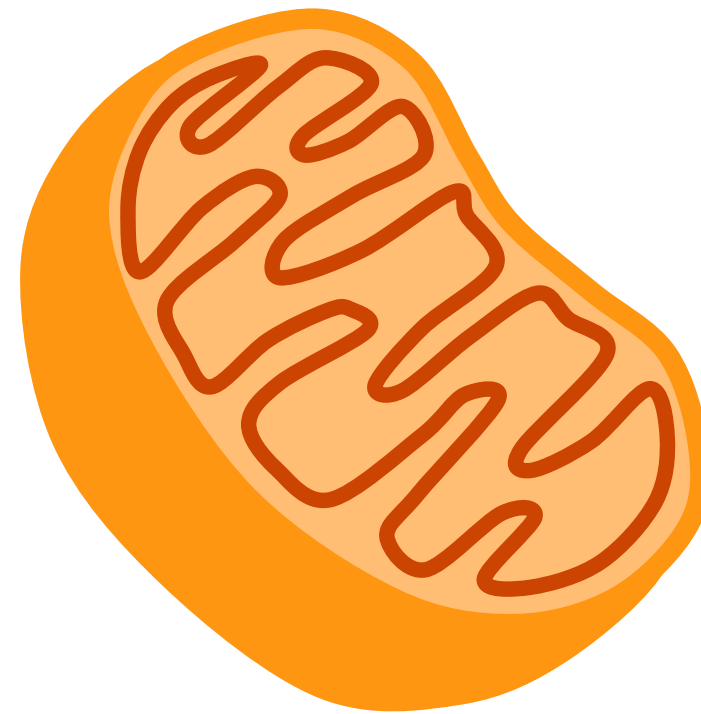
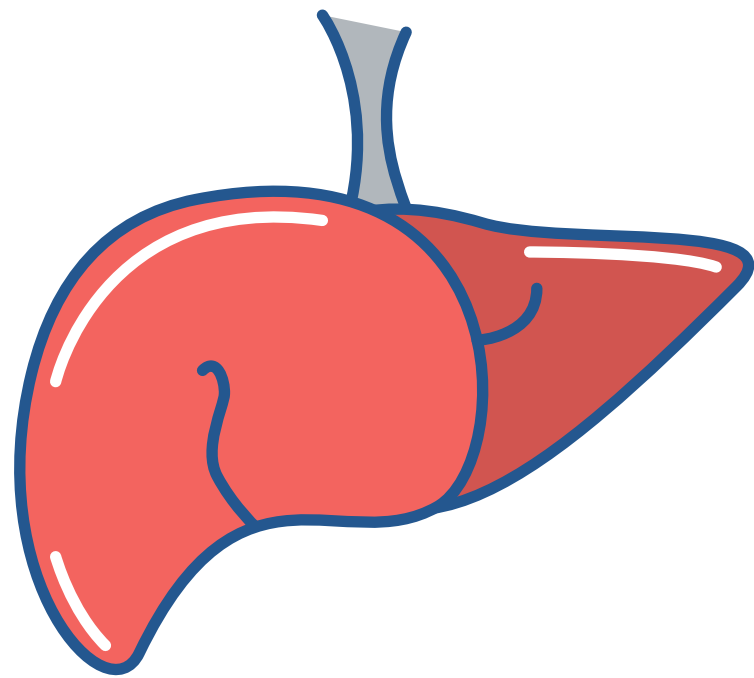
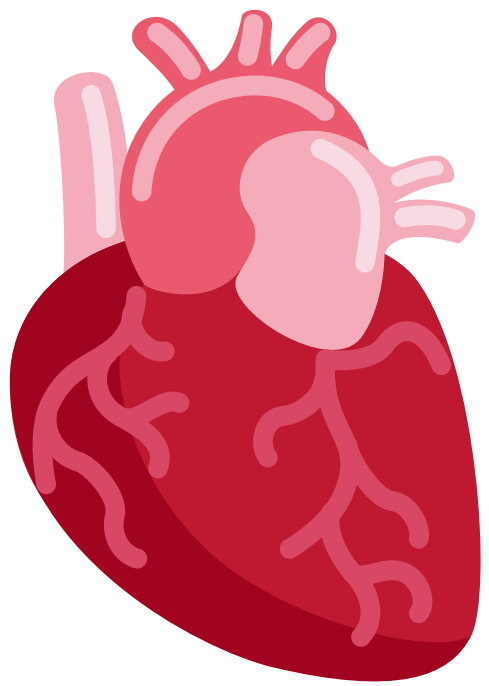
Risks and Benefits

Effective anti-cancer tool

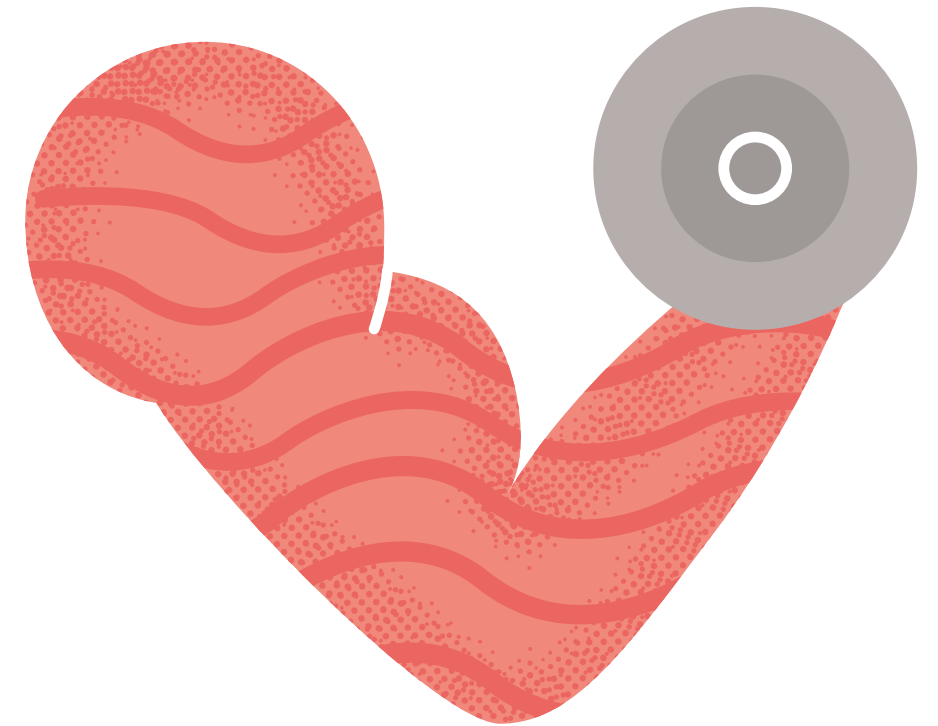
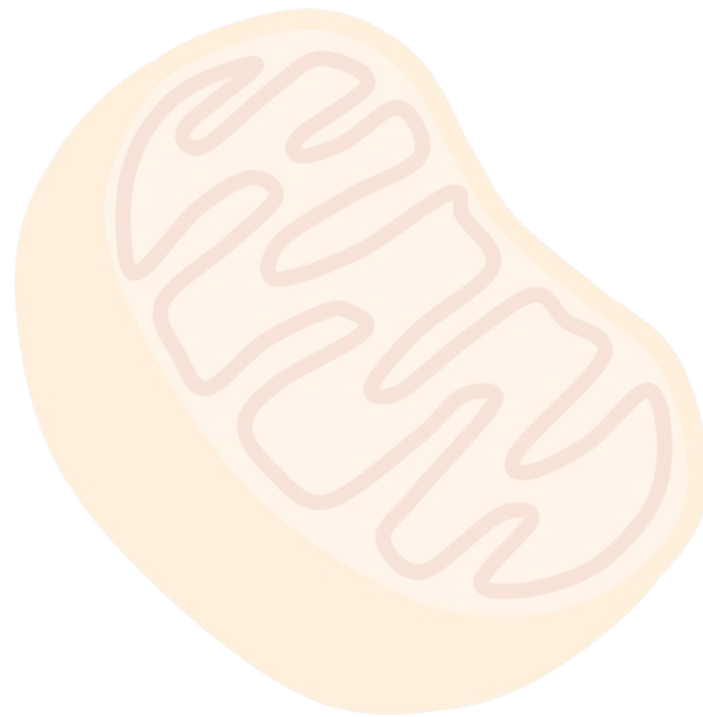
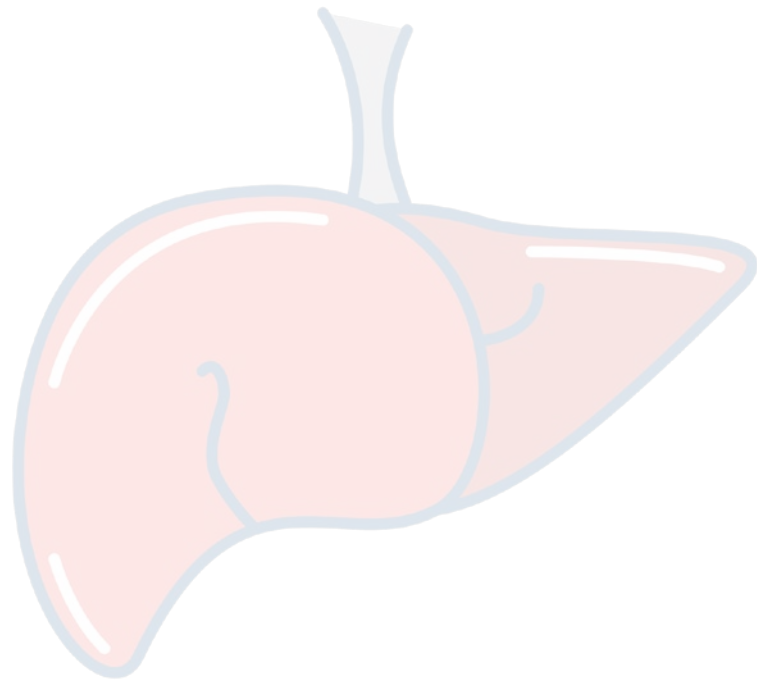
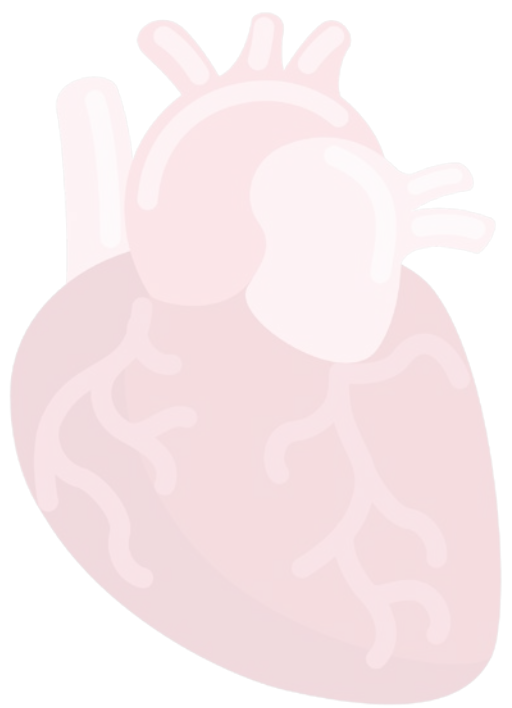
Non-specific + Dose Limited

Toxic to healthy tissues

What tissues are
most effected?



What tissues are
most effected?



Skeletal Muscle

40% of human body

Required for basic
function + metabolism

Indicator of prognosis

Dox-induced myotoxicity

Oxidative stress

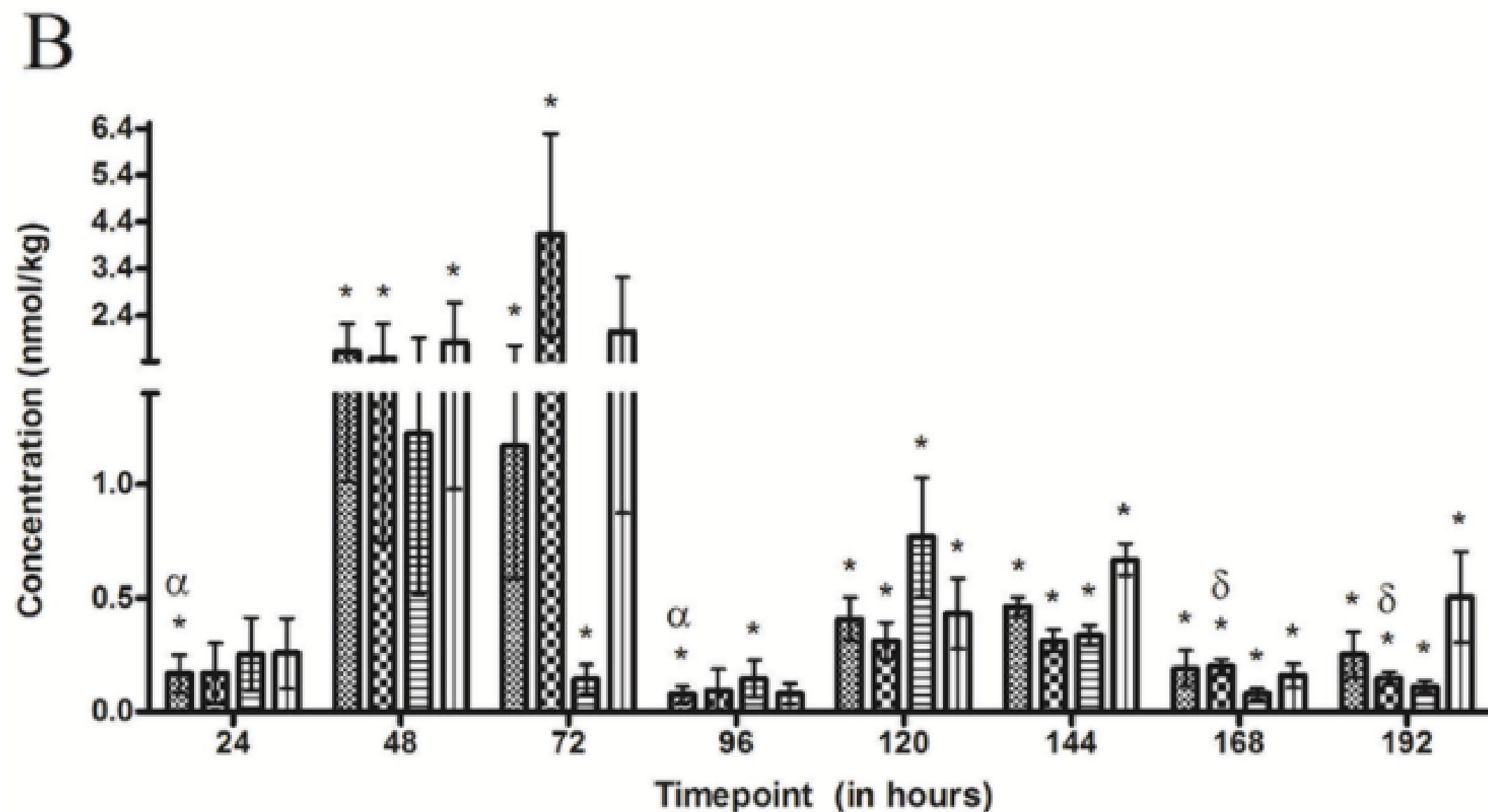
Mitochondrial dysfunction

Muscle breakdown

Impaired glucose metabolism

Weakness, exercise intolerance

To add to basic toxicity... Skeletal muscle
is an active site of Dox sequestration



How do we protect
muscle?

Exercise

Stimulates glucose
metabolism

Prevents atrophy,
stimulates muscle growth

Reduces intramuscular
accumulation?

Exercise is HARD! Especially during
aggressive chemotherapy



**I LOOK LIKE A SWEATY MESS
FYI**

memegenerator.net



Is there a reasonable alternative?

Electrical Stimulation

Passive “exercise” of muscle

Isolated effects of muscle activity

Viable option for bed-ridden or
extremely ill patients



Do various electrical stimulation
protocols impact Doxorubicin
accumulation and toxicity in skeletal
muscle?

Study Aims

- Use electrical stimulation to see if muscle contraction induces Dox efflux

Study Aims

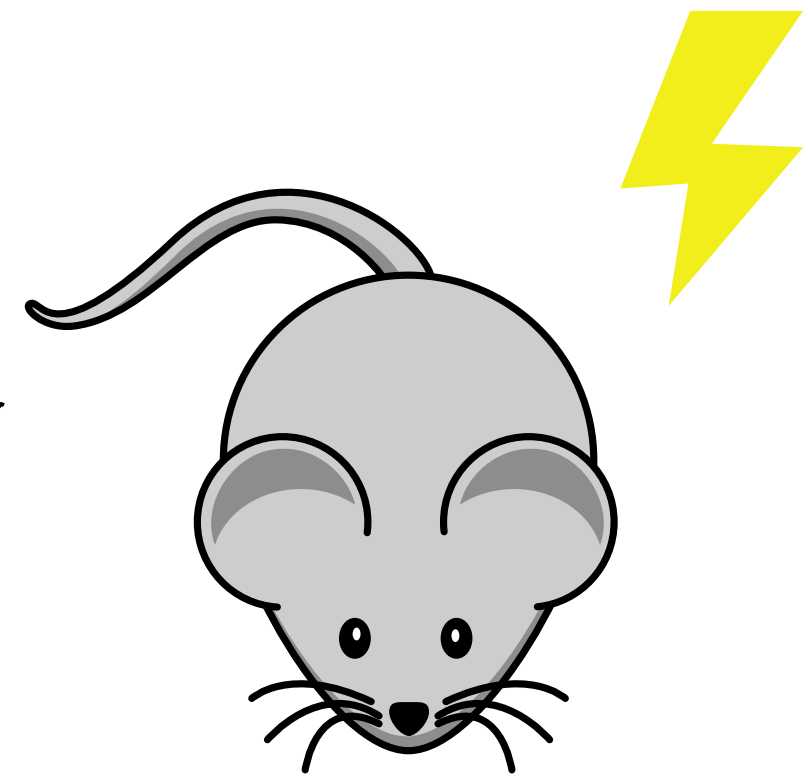
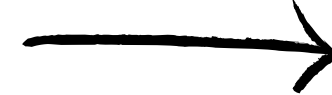
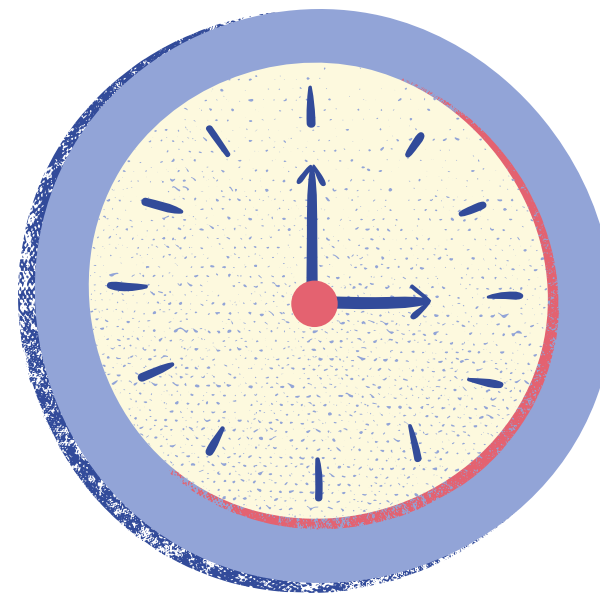
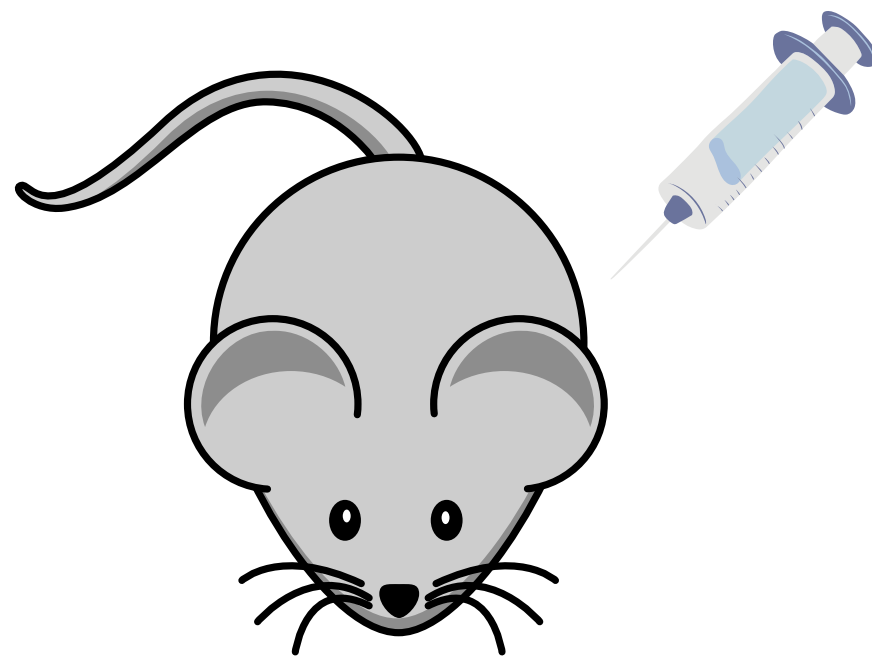
- Use electrical stimulation to see if muscle contraction induces Dox efflux
- Does electrical stimulation impact **glucose metabolism** and **muscle breakdown** pathways?

Study Outline

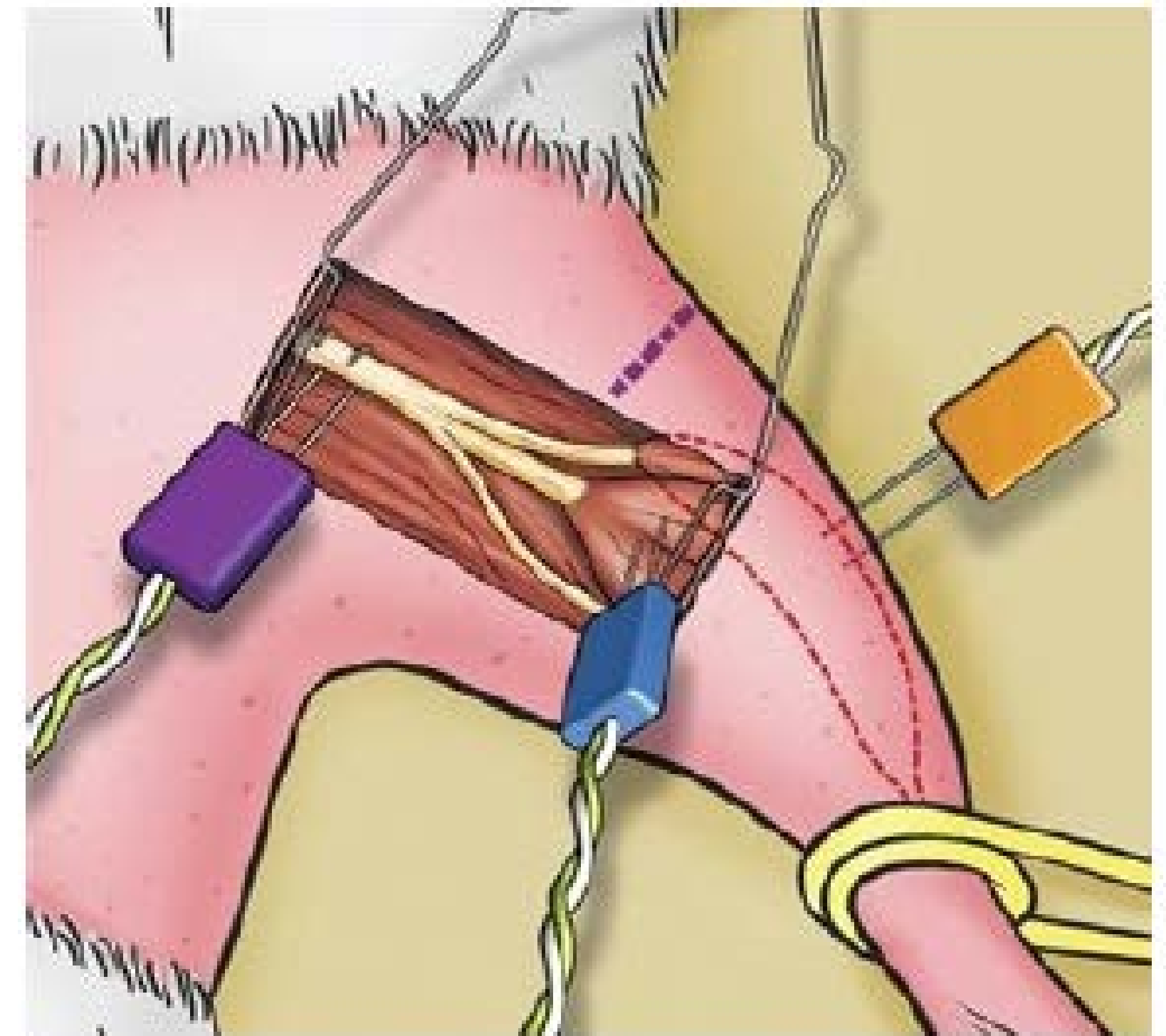
4.5 mg/kg IP Dox

Wait 24 hours

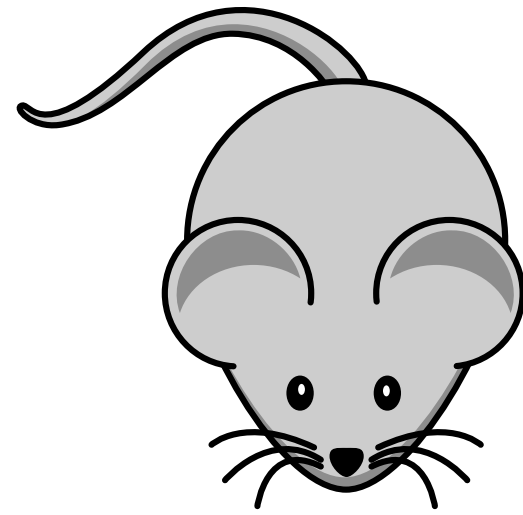
Hindlimb stimulation



Stimulation on left leg ONLY



■ Sciatic Nerve Stimulus



$n = 6/\text{group}$

1 Hz

3 Hz



5, 15, 30 minutes

True control group: NO Doxorubicin, NO stimulation
(n=6)

Intra-individual control: harvested muscles from the
right leg prior to stimulation

Tissue Harvest

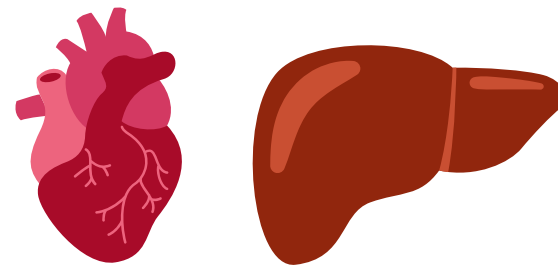
Gastrocnemius, Soleus, Plantaris



Mixed Venous Blood



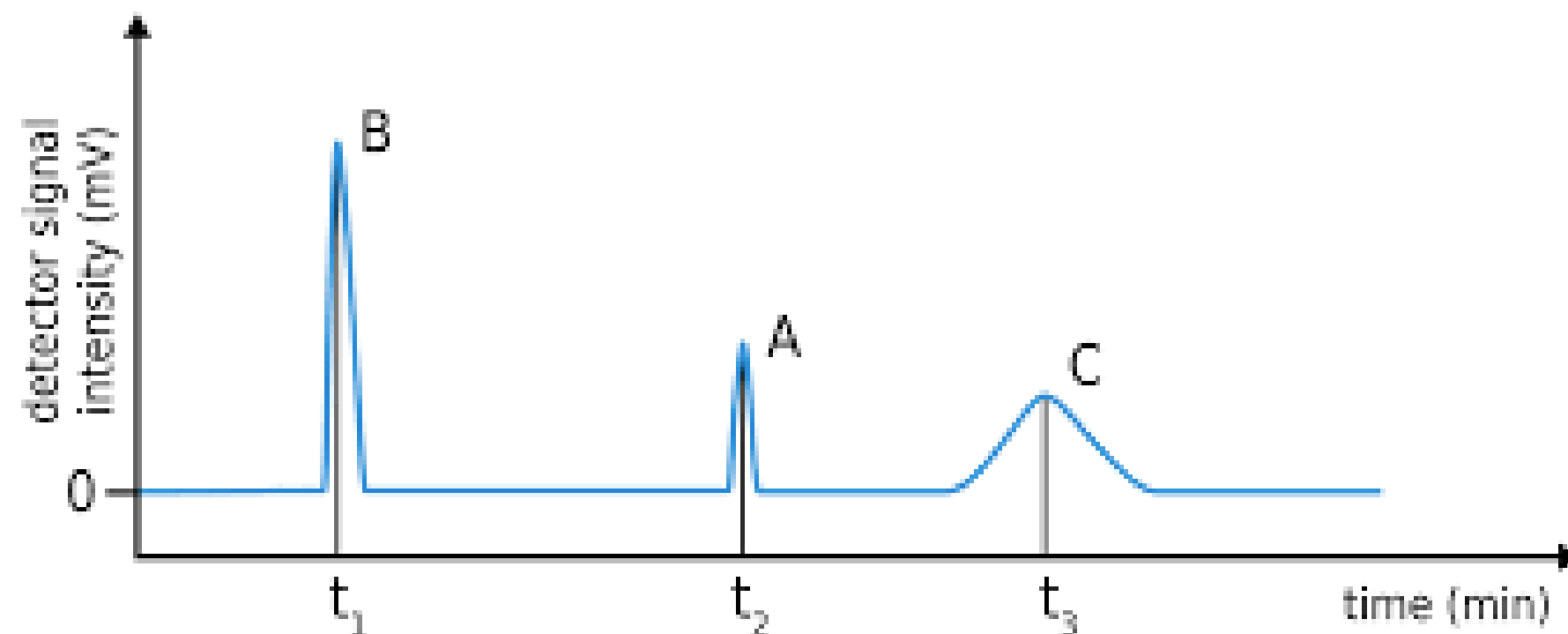
Heart + Liver



Assays

Aim 1: Doxorubicin accumulation

Determine the quantity of Doxorubicin and Doxorubicinol in muscle and plasma using HPLC



Preliminary Results

Intramuscular Dox/Doxol

No apparent differences
(pre vs. post stimulation)

Variability rat to rat

Exercise paradox?

Plasma Dox/Doxol

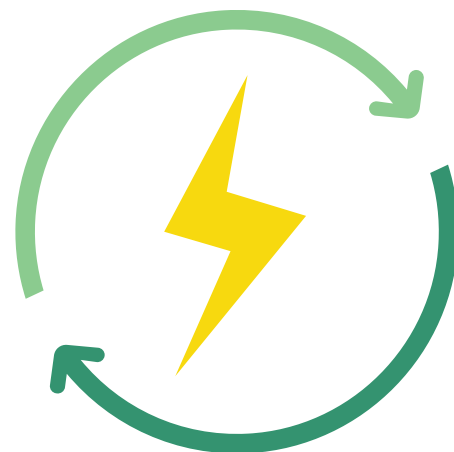
No apparent differences
between groups (to be
expected)

Variability rat to rat

Assays

Aim 2: Muscle Integrity

Investigate genes and markers that govern
energy metabolism, muscle breakdown



Preliminary Results

Glucose Metabolism

No apparent differences across all groups for Glut-4 and AMPK or Rac1 mRNA expression

Need to evaluate transporter activity and location

Muscle Breakdown

Amino Acid profile, Nitric Oxide content, muscle atrophy pathways under investigation



Su m m a r y

No a c u t e benefit of muscle contraction on Dox accumulation or **glucose metabolism genes**

Didn't see what we had hoped - but gained v a l u a b l e
i n s i g h t

Still a t o n of analysis left to go!

Next Steps?

Change timeline

Comparative Exercise

Clinical Model

Questions?

Thank you for listening!

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