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Hosted on the WebEx virtual platform

The **Thunder Bay Psychiatry LEG** invites you to join us for **A Day in Addictions Virtual Conference and Trauma Training**.

Then join us on Day two, Friday, May 13 from 9:00 – 4:00 p.m. EST for Trauma Training with Dr. Theresa Marsh and Elder Julie Ozawagosh. Trauma is an underlying reality for many people seeking help for addictions/mental health issues. This session will address approaches to supporting patients through trauma from cultural roots and current trends in trauma. Sessions will be relevant to physicians, psychiatrists, allied healthcare professionals, care workers, Residents and Learners.

<https://event.fourwaves.com/addictionsconference/pages>

Conference Objectives

1. Describe the epidemiology risks and treatment for methamphetamine and cannabis use

2. Describe the local status of our addiction management, drug strategy and human trafficking

3. Describe how to use Macro dosing & Early Depot Buprenorphine

	Conference & Trauma Training	Conference May 12	Trauma Training May 13
Physicians	\$200	\$150	\$150
Allied Healthcare Professionals	\$150	\$100	\$100
Students/Residents	\$100	\$75	\$75
Psychiatry LEG Members	\$150	\$115	\$115

A Day In Addictions Conference

Thursday, May 12, 2022

Time	Topic
8:30 – 9:30	Cannabis, Legalization and Impacts in People with Mental Illness: Caveat: “H-Emptor” With Dr. Tony George Learning Objectives <ol style="list-style-type: none">1. Describe rates of cannabis use and problematic use in the general population and in subgroups such as adolescents and people with mental illness and addictions.2. Discuss the potential risks of cannabis use and addiction on various psychiatric disorders.3. Identify the types of study methods that are being used to investigate the association and/or causation between cannabis and mental illness, and evidence-based treatment and prevention approaches
9:50 – 10:50	Breaking Barriers for OUD: Macro dosing & Early Depot Buprenorphine With Dr. Louisa Marion-Bellemare & Dr. Julie Samson Learning Objectives <ol style="list-style-type: none">1. Identify reasons for possible treatment failures with current buprenorphine protocols2. Evaluate the need for change in buprenorphine treatment protocols in your setting3. Identify steps needed to change buprenorphine treatment protocols for patients with OUD to improve treatment retention
11:10 – 12:10	Methamphetamine Induced Psychosis With Dr. David Crockford Learning Objectives <ol style="list-style-type: none">1. Describe the current epidemiology for methamphetamine use2. Evaluate how psychosis develops with methamphetamine use.3. Recommend treatments for methamphetamine induced psychosis
12:10 – 1:10	Lunch Break
1:15 – 2:15	Drug Strategies in the North: Responding to the Opioid Crisis With Cynthia Olsen, Tina Skjonsby-McKinnon & Adrienne Moreau Learning Objectives <ol style="list-style-type: none">1. Provide an overview of the Drug Strategy model and the 4-pillar approach2. Share trends and impacts related to substance use from two northern communities3. Describe local innovative responses4. Discuss consideration for future approaches
2:35 – 3:35	Addiction Management in Northern Ontario Roundtable with Dr. Sumeet Dama , Dr. Greg Carfagnini & Dr. Sharon Cirone Learning Objectives <ol style="list-style-type: none">1. Explain strengths and challenges to addiction practice in Northern Ontario2. Summarize the changes to practice of addiction management during COVID 193. Apply novel innovations of addiction treatment and ways to bridge care delivery in Northern Ontario
3:55 – 5:00	Human Trafficking: What Is It & What A Clinician Needs to Know and How to Help With Kristal Carlson Learning Objectives <ol style="list-style-type: none">1. Describe the local experience of human trafficking2. Describe how a clinician can assess victims of human trafficking in a respectful and effective manner3. Practice the steps in care to assist victims of human trafficking

A Day In Addictions Conference - Trauma Informed Care Training

Friday, May 13, 2022

With Dr. Teresa Naseba Marsh & Elder Julie Ozawagosh

Truth: Today any workplace or setting be it in a mental health care setting, hospital, school, or justice system, will be faced with individuals who have struggled with the impact of trauma. In Canada, we witness daily the impact of intergenerational trauma and its aftermath. Trauma is not the story of something that happened back then. It's the current imprint of that pain, horror, and fear living inside people. Learning the essential skills for assisting those with trauma histories is fundamental to providing care, therefore, Trauma Informed skills training is essential for all health care professionals.

Working with trauma survivors in high stress/high demand situations can lead to extreme reactions where fight or flight triggers lead to dangerous incidents. Learning to be a Trauma Informed practitioner, you are taught how to regulate your nervous system. With this wisdom of understanding trauma, you can make the difference in any situation between a situation which spirals out of control or one where you learn to and offer the right skills at the right time.

The objective of this course is to provide a trauma informed lens to helpers to manage job stressors, and to bring forth their best skills and care when working with potentially traumatized populations. You will receive a toolkit of approaches as you learn to respect and gain insight, so you can understand how to manage your own reactions and warning signs as well as those you see in the populations you serve.

Time	Topic
9:00 – 9:30	Opening with drumming, Sacred Song and Smudge Introductions, Expectations
9:30 – 11:00	Connecting Past & Present Understanding Trauma, PTSD, and Intergenerational trauma Realise the Impact of trauma on the well-being of clients Understanding Principles of Trauma Informed Practice Learning Objectives: <ol style="list-style-type: none">1. Define Trauma, PTSD, and Intergenerational trauma2. Outline the impacts of trauma on the well-being of clients3. Explain Principles of Trauma Informed Practice4. Apply trauma awareness to practice
11:00 – 1:15	Break
11:15 – 12:00	Understanding Principles of Trauma Informed Practice Putting trauma awareness into Practice / the challenges and rewards Renegotiating the Trauma: Practicing Trauma Informed Care
12:00 – 1:30	Lunch Break
1:30 – 2:45	Understanding Principles of Trauma Informed Practice in the context of addiction Putting trauma /addiction awareness into Practice Learning Objectives <ol style="list-style-type: none">1. Discuss the Principles of Trauma Informed Practice in the context of addiction2. Define trauma informed self care3. Describe burnout and vicarious trauma4. Apply addiction awareness to practice
2:45 – 3:00	Break
3:00 – 4:00	What is Trauma Informed Self Care? Understanding Burnout and Vicarious Trauma Elder Julie: Brief teaching and closing prayer

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 12.5 Mainpro+ credit(s).

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine. You may claim a maximum of 12.5 hour(s) (credits are automatically calculated).

Sponsors

This program has received an educational grant or in-kind support from
The Royal College of Physicians and Surgeons of Canada

